

**July
2026**



Bulletin

From the Committee

Further to the last email from the Chairman, we can now confirm the latest situation regarding the future of FWDu3a. All parties have now had confidential meetings with Ian Mathews, our East of England Representative on the Third Age Trust Council. Following his advice we will hold a Special General Meeting (SGM) on Friday 4th September directly following the usual Speaker Meeting. Hopefully business will be completed in 20-30 minutes.

This is a very important SGM. We currently do not have a working Committee. Our Constitution (modelled by the Third Age Trust and the Charity Commission) states that there must be a minimum of 5 Committee Members / Trustees. The sole purpose of this meeting is to elect those 5 members – Chair, Vice-chair, Treasurer, Secretary, Member. If the 4 Officers and at least one member cannot be appointed, FWDu3a will be forced to close with immediate effect..

All members are entitled to stand for election. You will need a nomination form, a proposer and a seconder. Forms can be obtained on our website, from a monthly meeting or from info@FWDu3a.org.uk Names of the nominees will be circulated along with voting details 21 days before the date of the SGM. If there is more than one nominee for an Officer role, then tellers will be appointed to count the votes for each individual separately and the person with the most votes considered elected.

The closing date for nominations is July 31st 2026.

If insufficient members come forward for nomination to volunteer their services by the required date, the SGM will take the form of officially closing FWDu3a.

All members are entitled to vote and your decision and opinion are invaluable. Details of the several ways you can vote will be sent out with the names of the nominees in August.

Until the SGM, the existing Committee (including those who have officially resigned) have agreed to fulfil the duties of their previous roles. Meetings continue to be arranged, Interest Groups will continue and important information and updates sent out as necessary.

There may well be changes to FWDu3a on the way, depending on the formation of the new Committee. This is your opportunity to be part of that development – to continue the progress we have made over the last few years towards a vibrant and thriving u3a for Frinton Walton and District.

Please keep a watch out for further information.

Monthly Meetings

July 3rd **AT SOKEN HOUSE** *nb* the lift should be working

A social gathering (no Speaker) with refreshments, opportunity to chat and get to know other members, table games will be available. Includes a short “vignette” by the new Last Act Group.

August no meeting

September 4th At McGrigor Hall

Iron In the Fire – Stories of Courage and Compassion - Jackson

FOLLOWED by Special General Meeting to elect a new Committee

October 2nd The First Female Bomb Disposal Officer
in the British Army. Lucy Lewis.

November 6th Medical Detection Dogs. Maddy Deason

December 4th to be confirmed by the new Committee

Thank you(s)

To Mark for the getting the website back up and running within hours after returning from his holiday – it was a server / systems error (nothing to do with us)

To all those members (and even ex-members) who have emailed or spoken to the Committee regarding the current situation. Your words of support and encouragement have been much appreciated..

Social Events

Sadly the Quiz Evening planned for October 3rd **will not now go ahead.**

Hopefully volunteers for a new Social Events Team will come forward once the new Committee is in place and some enjoyable events can be planned for the future.

Group News

Day	Morning	Afternoon
Monday	• Sewcial Stitchers 1	• History Group 2 – Frinton
Tuesday	• Table Tennis – Walton • Creative Writing – Walton (on hold)	• Current Affairs 2 – Kirby • Photography – Walton (on hold) • ‘Books Wot I Have Read’ – Frinton
Wednesday	• Art Group	• Ten Pin Bowling – Clacton • How Does it Work? – Walton (on hold)
Thursday	• Table Tennis – Walton	• Country Dance – Holland • Music Performing Group – Frinton • Pétanque – Kirby Le Soken
Friday	• Poetry Appreciation – Walton Stroll and Sip - Frinton/Walton	• Bridge 2 – Frinton • World History – Walton • Knowledge – Various • Wine Appreciation – Frinton

Groups meet weekly / monthly or sometimes twice monthly. Full details, including how to contact Group Leaders are on the website. FWDu3a.org.uk/groups

Please note:

Country Dancing is on hold until September due to summer heat and other commitments.

Sewcial Stitchers (Thursday) is now closed due to lack of attendees

There is a new Drama Group – “Last Act” – details from paulfitchett@hotmail.co.uk

Just starting - A Global Flavour - details from d.fitchett@sky.com

