

**FRINTON, WALTON & DISTRICT u3a**

**AGM – October 2024**

**SOCIAL TEAM REPORT**

During early 2024, the Social Team hosted a repeat by public demand of the Rock 'n' Roll Evening with entertainment provided by the live band, "Reloaded" playing 50/60's music. A sausages and chips supper delivered to McGrigor Hall by Tollgate Fisheries was included and everyone had a fantastic time. Most attendees danced the night away with a music quiz during the interval.

In July our usual summer coach trip took us on an historic visit to Lavenham, Suffolk. On arriving, we were divided into two walking groups (1 x average walker and 1 x slower walker) by our professional walking guide who enlightened us with many tales and information about this lovely town. After some free time, our coach picked us up and took us to Corncraft Tea Rooms in Monks Eleigh for a delicious cream tea.

Our next planned event is on 27 September at McGrigor Hall where we will be entertained by "The Motley Crew" from Brightlingsea, now in their 25<sup>th</sup> year, singing shanties and sea songs. A fish and chip supper will be provided.

Looking ahead to Xmas 2024, at our December meeting, we will be entertained by the Tendring Male Voice Choir.

Thanks to all the team – Phyllis Deer, Elaine Bloomfield, Val Duncan and myself.

**Karen Riley**  
**Social Team Co-ordinator**  
**August 2024**