

May 2024



Bulletin

Our next Social Event is the Summer Coach Trip:



HISTORIC LAVENHAM

Saturday 13 July 2024

£35 members £40 non-members

Included in the ticket price:

Walking Tour (guide for slow walkers and guide for average walkers)

Cream Tea at Corncraft Tea Rooms, Monks Eleigh

There will also be free time for you to walk around the town at your leisure.

Usual 4 coach pick-up points.

Tickets on sale at monthly meetings or from Karen Riley on 01255 761628 or
social@frintonwaltonanddistrictu3a.org.uk

Dates for your diary

September 27th Sea Shanty Evening with The Motley Crew

Friday October 4th AGM followed by Speaker

VACANCIES

Could you spare a few hours every 6-8 weeks to take minutes at our Committee meetings, to type them up and send out (by email)?

Are you a Social Media user? – we would very much like someone who could set us up a page eg on Facebook etc. and keep it up to date. We want to promote our u3a and show off all we do – the more members we can attract the more we can increase what we can offer in the way of groups and events.

Do you have local publicity contacts or are good at “press releases”? as above this would help to spread the message of the benefits of joining u3a.

If you think you could help with any of these roles please speak to one of the Committee

Speaker Meetings

9.45 for 10.00 at McGrigor Hall Frinton

May 3rd

“Crime Prevention – personal crimes, scams and more”

Tammy Blest

A useful and informative talk – relevant to all in today’s world

June 7th

Joanne Larner “The Wonder of Norway”

The people, the landscape, customs & idiosyncrasies from the Land of the Fjords

July 5th PLEASE NOTE THIS MEETING WILL BE AT SOKEN HOUSE

“Essex Murders Explained” - Intricate investigations and amazing insights into the minds of local killers – a talk by Roy Tyzack