

April 2024



Bulletin

WOW!!!!



We had a wonderful evening. Reloaded were in excellent form (with a stand-in drummer) and with a little encouragement, the floor was soon filled with jivers, twisters and all sorts of dancing styles. The sausages and chips from Tollgate Fisheries were very well received for the interval break.



Well done to the Social Team.

Our next Social Event is the Summer Coach Trip:



HISTORIC LAVENHAM

Saturday 13 July 2024

£35 members £40 non-members

Included in the ticket price:

Walking Tour (guide for slow walkers and guide for average walkers)

Cream Tea at Corncraft Tea Rooms, Monks Eleigh

There will also be free time for you to walk around the town at your leisure.

Usual 4 coach pick-up points.

Tickets on Sale from Friday 5 April from Karen Riley on 01255 761628 or
social@frintonwaltonanddistrictu3a.org.uk

Speaker Meetings

9.45 for 10.00 at McGrigor Hall Frinton

April 5th

Unfortunately our advertised speaker Eve Regelous cannot attend but instead we have booked *Rose Griffin-Twidell* who will present
“*A History of Nursery Rhymes*”

May 3rd

“*Crime Prevention – personal crimes, scams and more*”
Tammy Blest
A useful and informative talk – relevant to all in today’s world

June 7th

Joanne Larnar “The Wonder of Norway”
The people, the landscape, customs & idiosyncrasies from the Land of the Fjords

July 5th PLEASE NOTE THIS MEETING WILL BE AT SOKEN HOUSE

“*Essex Murders Explained*” – Intricate investigations and amazing insights



I've always wanted to
I would love someone to show me
I would love to find out aboutwith someone else
Is there anyone local who is interested in

Does FWDu3a have a group for you?

If we don't, **just let us know.**

If we can find one or two members with similar interests –

we will have the beginnings of A New Group

For details of any of the above please get in touch with our groups Co-ordinator
Karen Riley groups@fwd3a.org.uk 01255 761628 or see her at a monthly meeting.

Apologies for the lateness and sparseness of this Bulletin and for any errors – all my own work – did not have time to send to the brilliant proof readers - Phyllis