

March 2024



Bulletin

Last chance!!! Have you renewed your membership for 2024?

Membership fee is still only £14 – what a bargain. If you do not intend to renew for this year, it would be really helpful if you could let Elaine know. Elaine Bloomfield at membership@fwdu3a.org.uk 01255 751112



Tickets selling fast so get yours **now**

Rock and Roll Evening on March 23rd.

The band **RELOADED** are making a return visit – they were so good last year. Come and join us for a great evening of dancing or just listening. Bring your own drink (and glass!). Sausage and Chips supper included in the price (if you have any dietary requirements please tell Karen in advance. £20 members, £25 non-members.

Contact Karen Riley at social@fwdu3a.org.uk 01255 761628 to get your ticket.

Committee Vacancies!! THANK YOU

What a great response – following the appeal in February’s bulletin and at the monthly meeting, we have had members coming forward to volunteer to help in the membership, secretarial and finance roles. Not all want to be on the Committee but are happy to help in smaller ways. This is how u3as should be run. None of us are experts and all of us sometimes need support, advice or cover for emergencies. We will never say no to an offer of help and best efforts will be made to find a role or task that suits your skills, interests and time available.

Please speak to any of the Committee if you can help in any way – just a couple of hours a month could make all the difference.

Speaker Meetings

March 1st Lindsay Whitehouse (former Deputy Governor of HMP Chelmsford) will talk on **Prison - Line of Duty**

April 5th **Eve Regelous** “I blame it on The Beatles”

Group News



Photography – Are you interested in photography? Perhaps you have experience or would like to learn the basics. If you would like to know more and support this new idea, please contact the Groups Co-ordinator, Karen Riley (contact details below).



Croquet – Dates for a new short course in the art of croquet have been announced - Starting on Thursdays May 9th, 16th, 23rd and 30th, 10 till 11:30ish am AT Frinton Tennis Club. If you would like to sign up then please contact Mike Garrett on mikegarratt94@gmail.com.



Strolling Bones group are planning their first trip to visit some of the Treasures of Northumberland with a 4 night stay. Details on the website or from Maddy Deason 07956 294304 marion@therurallife.co.uk



Rummikubs (a board-style game based on the card game Rummy) has made a start – but could do with more members. Might you be interested if it could be held in Frinton/Walton?
Details on the Website or from Liz Clinker on 01255 475886



I've always wanted to
I would love someone to show me
I would love to find out aboutwith someone else
Is there anyone local who is interested in

Does FWDu3a have a group for you?
If we don't, **just let us know.**

If we can find one or two members with similar interests –
we will have the beginnings of A NEW GROUP

For details of any of the above please get in touch with our groups Co-ordinator
Karen Riley groups@fwdu3a.org.uk 01255 761628 or see her at a monthly meeting.

HAPPY SPRING EVERYONE