



“Housekeeping”

- Welcome
- Fire drill
- Toilet facilities
- Mobile devices to silent

The Third Age Trust

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u3a – the beginnings

- The u3a is an international movement whose aims are the education and stimulation of its members
- It started in France at the Faculty of Social Sciences in Toulouse in 1973
- The main focus was academic and as it developed each new group was attached to a university

u3a in the UK, now 40 years old

- The u3a movement is a unique and exciting organisation which provides, through its local u3as, life-enhancing and life-changing opportunities.
- Each u3a is formally structured as an independent self-financing and self-managing charity affiliated to the Third Age Trust, the national coordinating body.
- Currently there are in excess of 1000 groups in the UK with a membership of circa 430,000
- There is no minimum age for members, but the focus is on people who have time to commit to learning and sharing skills

ethos and guiding principles

- Members come together and learn together, not for qualifications but for its own reward - the sheer joy of discovery!
- The interest groups cover a wide range of topics and activities chosen by the members
- Members share their skills and life experiences: the learners teach and the teachers learn, and there is no distinction between them - everyone can take a turn at being both if they wish

Frinton Walton & District u3a

Steering Committee

Chairman

Lorry Greenall

Vice Chairman

Phyllis Deer

Business Secretary

Kim Shaw

Treasurer

Kate Collins

Membership Secretary

Elaine Bloomfield

Group Co-ordinator and Social Secretary

Karen Riley

Speaker Secretary

Karen Woolley

Website and IT Manager

Mark Riley

Finance.....

Expenditure

Third Age Trust – umbrella organisation

Third Age Matters – magazine

Monthly meetings

Printing and Committee expenses (including
annual accounts checking)

.....Finance.....

Expenditure cont

Publicity

Beacon computer programme

Socials - cost neutral

Groups

.....Finance

Income

Membership fees – currently £14 per year

donations and grants

Groups

- u3a groups consist of a number of like minded members who wish to pursue an interest in a given subject. These can range from educational subjects (History, Poetry) to physical activities (Table Tennis, Walking).
- Each group will have a lead person whose responsibility can be as little as organizing the date and time of the next meeting or a more overall guiding role within the subject.
- The meeting can be in someone's home or at a local venue, with the fees being split between the members.

.....Groups

- The Group belongs to the members and can be fun, lighthearted and a place to make friends. It can be run as you wish in accordance with u3a guidelines.
- All members are covered by u3a third party insurance.
- Groups have full support and help from the Groups Co-ordinator and Committee.
- **Could you be our next new Group Leader?**

Social

Our enthusiastic Social Events Team are planning to run many events. Ideas include the following:

River
Trips

Rock 'n
Roll

Quiz
Night

Italian
Night

Xmas
Market

Wild
West

Coach
Trips

Barn
Dance

Snape
Trip

What happens next?

The Way Forward

- AGM
- Develop Groups
- Develop Communication
- Develop Website
- Develop policies and other relevant documentation
- Listen to what you want from your u3a