February 2023



<u>Reminder</u>

Applications to become a member of FW&D now due – see or contact Elaine

Your membership of Tendring District u3a is about to expire!

Many thanks and welcome to those who have already joined us!

Speaker meetings

Apologies from Peter Mockford that he was very unwell and unable to speak to us at our January meeting. We hope to book him again later in the year

February 3rd Nicola Matthews – 'Kitty Canham' – a novel "Based on real events, Kitty Canham is said to haunt the Bell PH at Thorpe-le-Soken"

March 3rd Lindsay Whitehouse – 'Life in Prison' – a Governors' perspective "An interactive presentation based on a working life in many prisons, lastly, at Chelmsford"

April 14th Coffee and chat – please come and help us welcome the new members who attended the Inaugural meeting. Tendring u3a will be holding their AGM on this date.

Please note change of date as the first Friday of April is Easter holiday

Important – Inaugural Meeting March 4th

This is our <u>official launch</u> – for all members of FW&D and open to the public. Come along and find out how you can share in and help to shape the future of your u3a. We will have a visit from the Eastern Region Trustee who has been most helpful in getting us started. Presentations, displays and discussions. We need your input. Bring a friend!!

McGrigor Hall, Frinton-on-Sea 10.00 – 12.00 noon or 2.00 – 4.00

Committee news

FW&D is being run by the Steering Committee until our first AGM which we hope to hold in October '23.

We are very pleased to welcome Kim Shaw who has volunteered to be Business Secretary.

We always welcome any offers of help – either at meetings (meet and greet, serving refreshments), at social events or with administration tasks inc treasurer. We call you STARS – <u>S</u>mall <u>T</u>asks <u>A</u>s <u>R</u>equired!!



Saturday 29th

April 7.00 – 10.00

Come and Rock the Night Away!!

5-piece band playing covers from the 50s and 60s

Dance or just listen

McGrigor Hall, Frinton-on-Sea

Sausage and chips supper included

£15 for members, £20 for partner (non-member)

Tickets available from Karen Riley kj@rileyclan.co.uk 01255 761628 or at monthly meetings

Groups

Please try to support the groups run by FW&D but remember you can still access groups run by Tendring u3a. If you have an interest, a hobby or a skill you would like to develop or share and we do not yet have a group for it, please contact our Group Co-ordinator Karen.

<u>Website</u>

We are in the process of developing our own exciting website – with a new young designer. It should be up and running in the next few months.

What would you like to see on it? Let us know!!

<u>Photos</u>

Do you have, or could you take some "happy" photos of our Frinton Walton and District area? We would like to make use of them in our forthcoming presentations and publicity.

Group Leaders – would you be able to let us have photos of your group "in action"? Please make sure all those in the photo give permission for their image to be in the public domain.

Next bulletin

For the foreseeable future we will be issuing these monthly bulletins – partly to save costs. They will be put on our website (see above), sent out by email and will be available at monthly meetings

- if you have a friend or neighbour who is not on email, please collect a copy for them.

If there is anything you would like included in the next issue, please forward it to Phyllis

flisshoo@yahoo.co.uk

HOT OFF THE PRESS

Walking Group sets off again in March – phone Val 07759555672